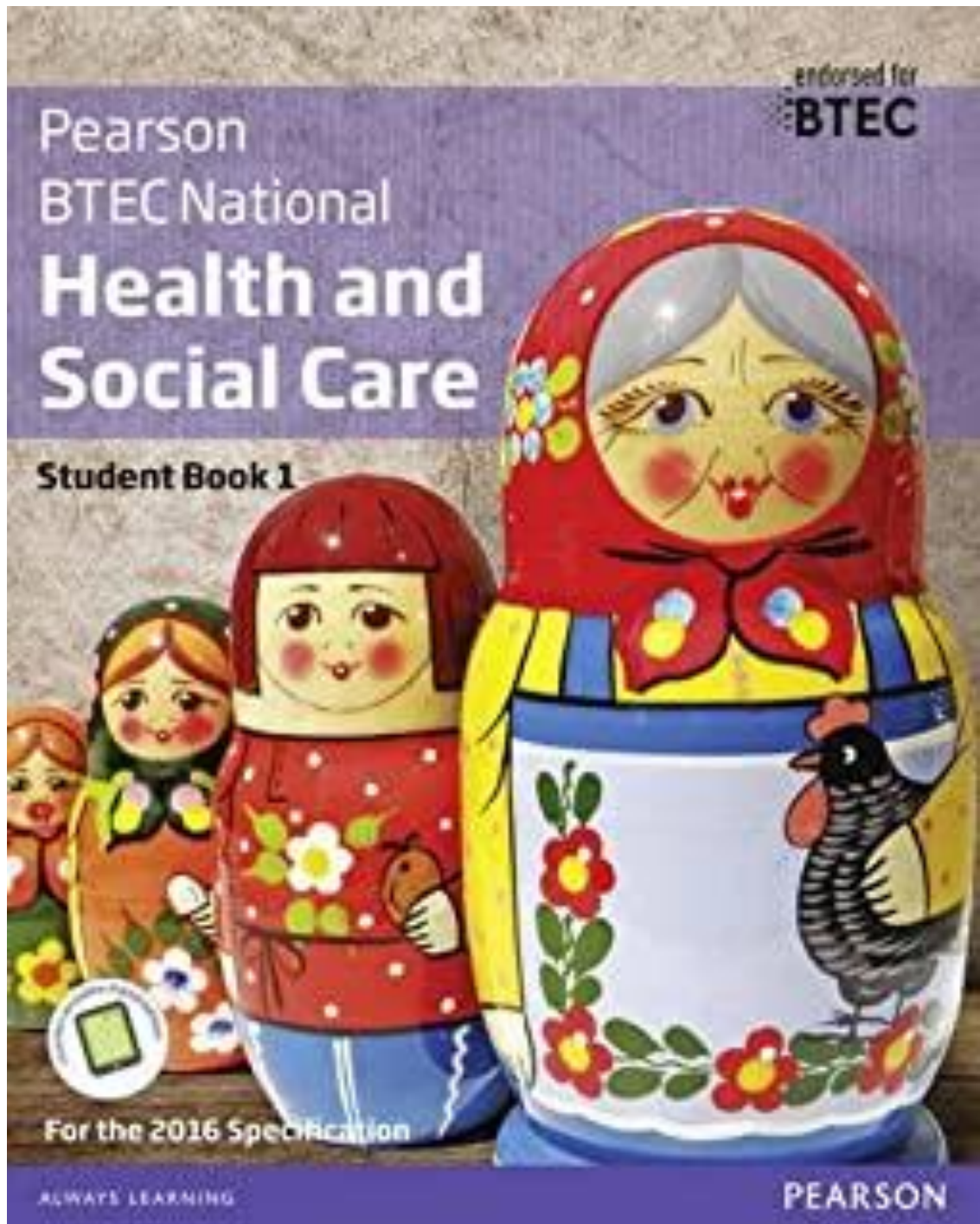


# Health and Social Care



Highlands College

# What will I be studying?

This course enables you to explore the many roles available within health and social care; from nurses to social workers to health care assistants and beyond. There are many key features that we shall explore and apply. You will be studying a range of units which will help you to gain skills that will be valuable in your chosen profession or future study. You will learn about the human body and mind alongside the changes across time. You will learn what it means to work in the sector and what skills and behaviours you will need to develop..

There are a number of things you can be doing now and throughout the summer to prepare you for starting with us in September. This presentation will give you some ideas and make suggestions of activities that will be useful and hopefully interesting!

We have put together a list of recommended Netflix programmes, other recommended watching and some recommended reading that can help you to develop and understanding of some of the issues we may discuss when you join us at college. You don't have to watch or read everything, but we would like you to choose some and record what you learn.

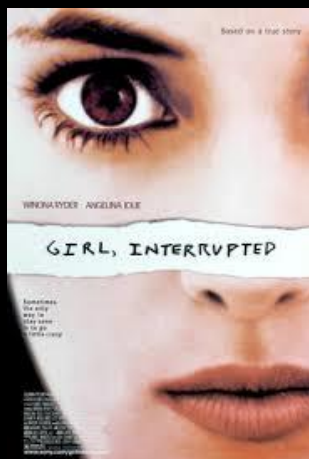
We would also like you to start doing some research; this is a key skill that you will need to use whichever level of course you are taking . You should start to build a glossary of terms that we use all the time, as well as develop your knowledge of the key roles in health and social care.

Any of the activities that you complete will be beneficial in preparing you to start your course in Health and Social Care and you will need to bring what you have completed with you when you start in September.



# NETFLIX

and beyond...



Recommended Watching for Health and Social Care



# Beyond NETFLIX

BBC iPlayer

Elizabeth is Missing



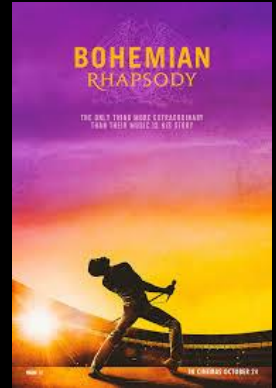
Rio & Kate: Becoming a Step family



Jesy Nelson: Odd one out



Bohemian Rhapsody



DVD

4 On Demand

Confessions of a Junior Doctor



Born to be different



Secret life of... Year Olds



Still Alice



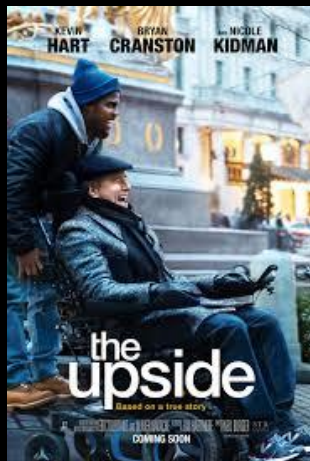
DVD

Amazon Prime

The Children Act



The Upside



Beautiful Boy



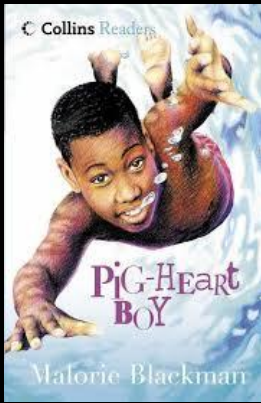
Miss you Already



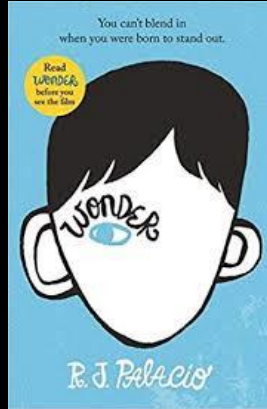


# Beyond NETFLIX

**Pig Heart Boy** by Malorie Blackman



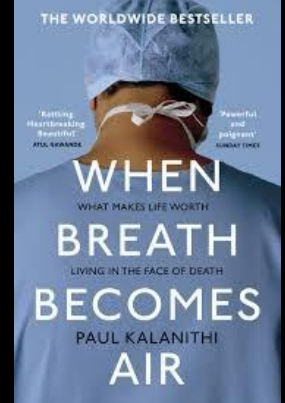
**Wonder** by R.J. Palacio



**This is Going to Hurt** by Adam Kay



**When Breathe becomes Air** by Paul Kalanithi

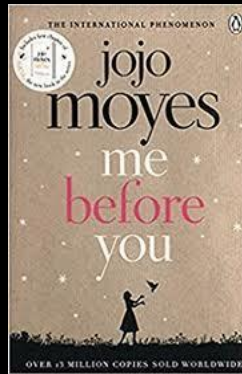


Further Reading

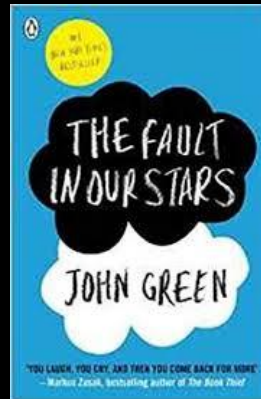
**The Hate U Give** by Angie Thomas



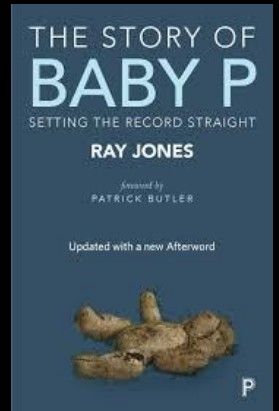
**Me Before you** by Jojo Moyes



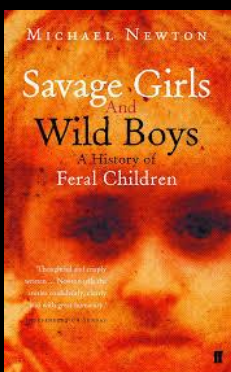
**The Fault in Our Stars** by John Green



**The Story of Baby P** by Ray James



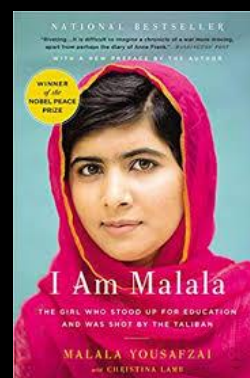
**Savage Girls and Wild Boys** by Michael Newton



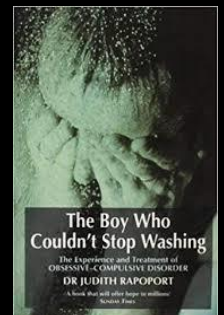
**The Language of Kindness** by Christie Watson



**I am Malala** by Malala Yousafzai



**The Boy Who Couldn't Stop Washing** by Dr Judith Rapoport



Suggested Reading for Health and Social Care 5

Yes some of these are also films, if you prefer!



# Health and Social Care in the Media



It is important to help the public aware of the issues which are prevailing in society relating to health and social care. One way in which public awareness is raised about health and social care in general and issues that exist within the health and social care sector is through the media.

Your task is to pick at least...

- x 1 Film
- x 1 Book
- x 1 Documentary

You should watch and read the examples you have picked and create notes. Consider the following and then fill in your learning log which could include:

- What issues, if any, are being raised?
- How does the book or film present H&SC?
- Is it informative or helpful and why?
- Are there any quotes/scenes etc that stand out to you and why?
- How effective is it in raising public awareness about H&SC/Issues?

This list is NOT exhaustive there may be other questions/ideas you wish to consider as you watch or read.



Louis Theroux – Extreme Love: Dementia/Autism

Stacey Dooley – Life on the psych ward

Hospital BBC 2 Series 1- current

The Big Hospital Experiment – BBC 2

Stacey Dooley 9-5 care.

Best Interests – BBC 1

24 hrs in A&E – Channel 4



# Learning Log

Record here any additional reading/viewing you are undertaking in order to show what you have been completing in order to prepare you for the course. Use the reading list on the previous slides you have been given for guidance on what you could you watch/read.

<b>Date</b>	<b>Title</b>	<b>Summary of content</b>	<b>My thoughts</b>

# GLOSSARY

**Task:** Research and define the following words. You will come across all of these next year.

Term	Definition
Adolescence	An important status change following the onset of puberty during which a young person develops from a child into an adult.
Advocate	
Resilience	
Holistic Approach	
Ethical	
Development	
Discrimination	
Diversity	
Empathy	





# GLOSSARY

Term	Definition	Symbol
Fine Motor Skills		
Growth		
Milestone		
Nature		
Nurture		
Risk Assessment		
Safeguarding		
Self-Concept		
Self-Esteem		



## Research task

Choose a professional from the following list:

- Midwife
- Paramedic
- Paediatric nurse
  - Nutritionist
- Physiotherapist

Or you could choose your own idea from health and social care roles if you prefer.

Create a fact file for your chosen job role.

You could include:

- A day in the life of.....
- General roles and responsibilities
- Routes into the role/ qualifications required
  - Skills & qualities
  - Average pay
  - Where they work
  - Who they work with

And anything else you think may be suitable.

Please make sure that you reference any sources that you use to gather your information and write in your own words as far as possible.



# Check List

Use this list to make sure you have everything you need to hand in in September in order to start your Health and Social Care course.

Complete at least 3 sections of the learning log

Completed glossary of key terms

One in depth fact file on a role within the Health and Social Care sector