## Bridging Task

## VESPA Mindset <br> <br> Advanced Technical, Culinary <br> <br> Advanced Technical, Culinary Arts

 Arts}Highlands
College

You will be required to share your project with your Personal Tutor and class on day one

The Culinary Arts course at Highlands College includes the following topics -

- Menu design and costing
- Different commodities (Meat, offal, fruit, vegetables, fish and shellfish, grains, eggs, pasta, paste products)
- Nutrition and allergen awareness
- Methods of cookery (Wet and dry, quick, and slow)
- Health and safety practices
- Food and beverage service

For this project, you will:
Produce an idea for a new restaurant in Jersey, create a menu and produce some advertising to promote your business.

## Task:

You should spend the equivalent of at least half a day working on this project. You may spend up to a maximum of two days.

You have decided to open your own restaurant and need to start putting plans in place to be ready for opening. Complete the template provided and include the following details of your business.
a) We would like you to name and describe the theme of your food outlet (for example, Italian, fine dining, Mexican)
b) Create a sample menu which should include a minimum of 3 starters, 3 main courses and 3 deserts. Provide a menu description for each dish.
c) Highlight any obvious allergens that may be in your dishes, from example nuts.
d) Price your menu and work out what profit you would make if you are working at a gross profit margin of $65 \%$.
e) Design a poster to promote your restaurant and include a 'special offer' within your advert.

| Name of restaurant: | Theme of restaurant: |
| :--- | :--- |
| Menu | Dish description |
| Starter 1 |  |
| Starter 1 |  |
| Starter 1 |  |
| Main Course 1 |  |
| Main Course 2 |  |
| Main Course 3 |  |
| Dessert 1 |  |
| Dessert 2 |  |
| Dessert 3 |  |
| Cost of three course menu; £ |  |

## Resources / websites

https://www.food.gov.uk/business-guidance/allergen-guidance-for-food-businesses https://www.restaurant-website-builder.com/restaurant-menu-descriptions https://www.totalfoodservice.co.uk/calculator.html
https://support.office.com/en-us/article/create-and-print-a-banner-poster-or-other-large-publication-in-publisher-2caaed73-e3fa-4c2c-bba1-7e15b67b9e82

Create a Poster below to promote your restaurant, consider including, theme, location, prices, images, special offers, examples of dishes

